

Le Restaurant  
CARTE DU PETIT-DÉJEUNER

CONVENT BREAKFAST

Honey, butter, jam and chocolate spread  
Cereal with milk  
Convent granola with milk or fromage blanc  
Yoghurt or fromage blanc  
Cheese  
Convent bread  
Pastry from the bakery  
Croissant, pain au chocolat  
Lemon and freshly-pressed citrus juice  
Piece of seasonal fruit  
Eggs (*prepared as requested*)  
  
Hot beverage (*prepared as requested*)  
Fresh yellow, green or red juice

BREAKFAST MENU

À LA CARTE

Convent bread* - Brioche & Pastry	17
Honey, butter, jam and chocolate spread	
Cereal* with milk	9
Convent granola ( <i>with milk or fromage blanc</i> )*	11
Niçois muesli	11
Buckwheat porridge ( <i>with or without fruit in syrup</i> )	9
Sweet omelette with orange blossom	16
Yoghurt or fromage blanc	9
Fontainebleau and seasonal fruit	15
Cheese	12
Fresh cut fruit	16
Fresh cut vegetables	14
Fruit salad, fresh herb infusion	11
Convent fruit in syrup	11
Menton avocado, olive oil and salt flower ( <i>when in season</i> )	16
Cold cuts ( <i>meat</i> )	21
Cold cuts ( <i>fish</i> )	25
Eggs, ( <i>prepared as requested</i> )	14
Omelette, ( <i>prepared as requested</i> )	16
Vegetable Tian	16
Chickpea crêpes with herbs	11

\*gluten-free option available

BREAKFAST MENU

TEA

Earl Grey	9
English Breakfast	9
Lapsang Souchong	9
Sencha green tea	9
Jasmine green tea	9
White tea	9
Rooibos	9

COFFEE

Espresso	6
Long coffee	8
Noisette (dash of milk)	8
White coffee	8
Café au lait	8
Cappuccino	8
Decaffeinated	6
Hot chocolate	10

JUICE

Yellow	8
Green	8
Red	8
Freshly squeezed grapefruit or orange juice ( <i>when in season</i> )	14

Prices are in euros excl. tax – service is included.

List of allergens available from the Maitre d'Hôtel

Origin of meat: France